

National Indigenous History Month

June 2020

Toronto Central Regional Indigenous Cancer Program



June is National Indigenous History Month!

A time to celebrate, recognize, learn, reflect, appreciate and honour the history, contributions, cultures, and diversity of Indigenous Peoples in Canada

June 21st is National Indigenous Peoples Day!

While celebrations and events may be different this year than those in the past, we can still share and learn from stories, traditions and culture in new ways that keep us together and connected!

How can YOU support and HONOUR

National Indigenous History Month & National Indigenous Peoples Day?

- Have a conversation with friends and family
- Attend an online webinar
- Enroll in Indigenous Cultural Safety and Competency Class: <https://elearning.cancercare.on.ca/>
- Learn some greetings in the Indigenous language of where you live or work
- Visit Indigenous owned and operated restaurants
- View some Indigenous documentaries, films and series or novels
 - <https://www.nfb.ca/> (Keyword search: Indigenous; Métis; Inuit; First Nations)
 - <https://www.cbc.ca/television/indigenous-voice-matters-what-to-watch-this-june-1.5590258>
 - <https://www.cbc.ca/books/35-books-to-read-for-national-indigenous-history-month-1.5585489>
 - <https://www.rcaanc-cirnac.gc.ca/eng/1496255894592/1557840487211>
- Listen to music or podcasts by Indigenous peoples
- Visit a virtual-art gallery that features Indigenous art
- Attend the Virtual Summer Solstice Social Distance Pow Wow: <https://summersolsticefestivals.ca/social-distance-pow-wow/>
- Visit the social media pages of local Indigenous organizations and participate in the programming (if eligible)
- Follow Indigenous on social Media
- Become an Ally (reach out to a local Indigenous organization and/or the Indigenous Cancer Program, and let them know you would like to be involved!)
- Wear the Indigenous Cancer Program Pin proudly on your lanyard! (Contact the Indigenous Cancer Program Coordinator if you need one: Ashley.Migwans@uhn.ca)

More important dates to make note of:

September 30th: Orange Shirt Day | November 4th – 8th: Treaties recognition week in Ontario | November 16th: Louis Riel Day | November 7th: Inuit Day | November 8th: Commemorating Indigenous Veterans Day