

High Risk Lung Cancer Screening Pilot at UHN

University Health Network (UHN) has been selected by Cancer Care Ontario (CCO) as the next pilot site to implement a lung cancer screening program for people at high risk. The program launched in **February 2019**. CCO recommends using **low-dose computed tomography (LDCT)** to screen people at high risk of getting lung cancer through **an organized screening program**. The benefits of an organized program include screening appropriate people at the recommended interval, appropriate and timely follow-up of abnormal findings, and ongoing quality monitoring, reporting and performance management.

Physicians can refer people to the pilot if they meet the below referral criteria:

- Current or former smokers ages 55 to 74
- Have smoked cigarettes daily for at least 20 years (this does not have to be pack years, just daily smoking) in their lifetime (not necessarily 20 years in a row)

As part of the pilot, potential participants will undertake a risk assessment by telephone with the pilot site Screening Navigator to determine whether they are eligible for the pilot. The Screening Navigator will support participants throughout the screening process by providing information about lung cancer screening, smoking cessation support, screening results and ensuring that follow-up appointments are booked appropriately.

People can either self-present* to the pilot or can be referred by a physician. For the updated referral form and more information, refer to the webpage below:

<https://www.trcp.ca/en/screening/screening-programs/Pages/lung.aspx>

*For people that self-present and are eligible for the pilot, UHN pilot staff will contact their primary care provider for a mandatory referral form to authorize the use of LDCT for screening.

NEW Educational Resources for First Nations, Inuit and Métis peoples

Resources for FNIM peoples and health care providers are available to increase awareness, promote cancer prevention practices, and increase cultural competency.

<https://www.cancercareontario.ca/en/resources-first-nations-inuit-metis>

Meet our Indigenous Patient Navigator

Leonard Benoit is Qualipu Mi'Kmaq from the territories of Newfoundland and Labrador and the Patient Navigator for First Nation, Inuit, Métis and Urban Indigenous peoples living with cancer in the Toronto Central region.

Leonard helps First Nation, Inuit, Métis and Urban Indigenous people navigate the cancer care system by:

- Answering patient questions about what to expect with upcoming appointments or tests
- Helping patients better understand their cancer and treatments
- Connecting patients with health care providers and spiritual and community supports
- Assisting with completing applications for financial and transportation services



To refer a patient to the Navigator, please download the referral form at:

<https://www.trcp.ca/en/indigenous-cancer-program/Pages/health-care-provider.aspx> or contact Leonard Benoit: 416-864-6060 ext. 2422



Follow us on Twitter:
[@TO_CancerScreen](https://twitter.com/TO_CancerScreen)

If you have any questions please email your Regional Primary Care Leads Dr. Ed Kucharski (edward.kucharski@utoronto.ca) or Dr. Lisa Del Giudice (Lisa.DelGiudice@sunnybrook.ca). For an electronic newsletter, email info@TCcancerscreening.ca

Transition to Fecal Immunochemical Testing (FIT) in Ontario

Cancer Care Ontario is working on changes to the ColonCancerCheck program for the transition to screening with FIT for average risk individuals.

Advantages of FIT include:

Better participation

- No dietary or medication restrictions
- One specimen – easier to collect and less stool contact

Better detection

- Improved sensitivity with minimal loss of specificity
- Better than gFOBT at detecting colorectal cancer, and allows for the detection of advanced adenomas

It's simple, safe and accessible

* Until FIT is launched, gFOBT remains the recommended colorectal cancer screening test in Ontario for people at average risk. We discourage the use of non-ColonCancerCheck FIT testing as patients will not receive the full benefits of organized screening.



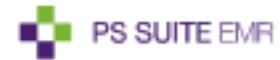
For more information, please visit:

<https://www.cancercareontario.ca/en/fit-resource-hub?redirect=true>

Telus Practice Solutions Tips and Tricks for Cancer Screening

Did you know that you can get a summary of all your patients who have been screened or are overdue for screening in less than a minute?

- In Practice Solutions, in a chart record, under the heading "Patient" click on "Preventive Care Summary Report"
- Adjust the "Year End" date accordingly
- Check your name and press "OK"



Are You Looking for Information on Cancer Guidelines or Local Cancer Resources?

- Cancer Care Ontario provides evidence-based **Cancer Pathway Maps** of best practices in the management of cancer patients from prevention and screening, through diagnosis and treatment to follow-up, survivorship and end of life care.
- Cancer Pathway Maps are available for bladder, breast, cervical, colorectal, endometrial, lung, oropharyngeal, ovarian, prostate, soft tissue sarcoma and thyroid cancers. The Breast Cancer Pathway also offers new interactive features.

Visit: <https://www.cancercareontario.ca/en/pathway-maps>

- The **Toronto Regional Cancer Program** is committed to providing you with the most up to date and accurate cancer information. Don't forget to check out our website at WWW.TRCP.CA
- This website includes links to the Cancer Pathway Maps as well as **Diagnostic and Cancer Treatment Programs** in the Toronto Central LHIN for breast, cervical, colorectal, head and neck, lung and prostate cancers.

Visit: <https://www.trcp.ca/en/diagnosis-management>

QIP Update

Small Changes Leading to Meaningful Improvements!

A special thank you to all our healthcare providers who implemented Cancer Prevention and Screening Quality Improvement Projects (QIP) funded by the TRCP:

Victoria Health Centre Family Health Organization:

"Using PSS EMR to facilitate Cervical, Colon, and Breast Cancer Screening".

Women College Family Health Team:

"Using Flu Shot Visits to Update Cancer Screening in a Family Health Team".

Parkdale Queen West Community Health Team:

"Exploring the Impact of Social Determinants of Health on Cancer Screening".

St. Michaels' Academic Family Health Team:

"Cancer Screening Group Education Sessions at St. Michael's Hospital Academic Family Health Team".

Stay tuned for project outcomes and future funding opportunities.

- Congratulations to our winners who completed the Summer 2018 Newsletter survey! -

Didn't get a chance to fill out the survey?
Now is your chance to **WIN** a **\$10** Starbucks gift card!

1. Read the newsletter
2. Follow us on Twitter @TO_CancerScreen
3. Complete a short survey about the newsletter
<https://www.surveymonkey.com/r/HV2QC6W>



Follow us on Twitter:
[@TO_CancerScreen](https://twitter.com/TO_CancerScreen)

If you have any questions please email your Regional Primary Care Leads Dr. Ed Kucharski (edward.kucharski@utoronto.ca) or Dr. Lisa Del Giudice (Lisa.DelGiudice@sunnybrook.ca). For an electronic newsletter, email info@TCCancerscreening.ca