

## Cancer Screening Tip of the Month – October 2024

Toronto Central Regional Cancer Program, Cancer Screening eBulletin

### Ontario Breast Screening Program (OBSP) Expansion to People Ages 40 to 49

On October 8<sup>th</sup>, 2024, the [Ontario Breast Screening Program \(OBSP\)](#) expanded to offer breast cancer screening for eligible people starting at age 40. People ages 40 to 49 should talk with their family doctor, nurse practitioner or a [Health811](#) navigator (phone 811) to make an **informed decision** about whether breast screening is right for them. The screening modality, interval, and eligibility criteria for people ages 40 to 49 is the same as for people ages 50 to 74.

#### OBSP Eligibility:

Women, Two-Spirit people, trans people and non-binary people ages 40 to 74 are eligible for screening through the OBSP if they:

- have no new breast cancer symptoms
- have no personal history of breast cancer
- have not had a mastectomy
- have not had a screening mammogram within the last 11 months
- if transfeminine, have used feminizing hormones for at least 5 years in a row

Please refer to the [OBSP Screening Recommendations Summary](#) for more information.

#### How Can People Book an OBSP Appointment?

Eligible people can **self-refer** and book their own mammogram appointment by calling an [OBSP location](#) directly, or they can be referred by their primary care provider.

#### Notification of OBSP Screening Results:

| Normal Result   | Abnormal Result   |
|---|---|
| <ul style="list-style-type: none"><li>• People will receive a normal result letter with their breast/chest density information and recall interval in the mail from Ontario Health (Cancer Care Ontario).</li><li>• The patient's primary care provider will receive the screening result report.</li></ul> | <ul style="list-style-type: none"><li>• If someone has an abnormal screening result, the OBSP location where they were screened may help coordinate a timely follow-up appointment for further investigation.</li><li>• The patient's primary care provider (if attached) or an OBSP designate (if unattached) will be notified of the abnormal result and may be asked to help facilitate further investigation.</li></ul> |

#### Resources for Primary Care Providers and Patients:

- [Ontario Breast Screening Program \(OBSP\) Recommendations Summary](#)
- [Helping People Ages 40 to 49 Decide Whether to Screen for Breast Cancer](#)
- [Ontario Health – Wait Times](#): OBSP locations, contact information and appointment wait times
- [Breast Cancer Screening for People Ages 40 to 49: What You Need to Know](#)
- [My CancerIQ](#): Breast Cancer Risk Assessment Tool

Click [here](#) to view the previous Cancer Screening Tip of the Month eBulletins.

**Questions?** If you have any questions or if you would like to receive the Cancer Screening Tip of the Month please email the Toronto Central Regional Cancer Program, Cancer Screening team: [infoTCRCP@sunnybrook.ca](mailto:infoTCRCP@sunnybrook.ca)