

## Cancer Screening Tip of the Month – December 2023

Toronto Central Regional Cancer Program, Cancer Screening eBulletin

### Supporting Your Patients at High Risk of Lung Cancer

Ontario Health recommends using low-dose computed tomography (LDCT) through an organized cancer screening program to screen people at high risk of getting lung cancer.

#### Your patients may qualify for referral to the Ontario Lung Screening Program (OLSP) if they meet the following inclusion criteria:

- ✓ 55 to 74 years old, and
- ✓ A current or former smoker who has smoked cigarettes daily for at least 20 years\*  
*\*not necessarily 20 consecutive years*

To learn more about the OLSP visit the [FAQ for healthcare providers](#)

#### How to Refer Patients at High Risk of Getting Lung Cancer to the OLSP:

- Physicians and nurse practitioners can refer to the [OLSP](#).
- Not all patients referred to the OLSP will qualify for lung cancer screening in the program. Upon referral, patients will undergo a personalized lung cancer risk assessment to determine eligibility.
- Currently, there are four [OLSP locations](#) (Toronto, Oshawa, Sudbury and Ottawa). The OLSP will expand to additional hospital sites across the province in the future.
- Access the OLSP referral form and criteria [here](#).
- Completed referral forms for the **OLSP at UHN** can be faxed to: 416-340-4137.

#### Help your Patients Quit Smoking with CAMH's STOP on the Net Program!

- Refer your patients who smoke tobacco cigarettes and are interested in making a quit attempt to join [STOP on the Net](#), a free online smoking cessation program offered by the Centre for Addiction and Mental Health (CAMH).
- Eligible participants receive a **free 10-week kit** containing 10 boxes of nicotine patches and 5 boxes of nicotine gum or lozenges, mailed directly to their address.
- To enroll, patients can visit [www.stoponthenet.com](http://www.stoponthenet.com).
- Interested in receiving **free** STOP on the Net printed posters and/or business cards for your clinic waiting room? Email [StopOnTheNet@camh.ca](mailto:StopOnTheNet@camh.ca) and include your mailing address.

*STOP on the Net is an initiative of the Smoking Treatment for Ontario Patients (STOP) Program and is funded by the Ontario Ministry of Health.*

**Questions?** If you have any questions or if you would no longer like to receive the Cancer Screening Tip of the Month please email the Toronto Central Regional Cancer Program, Cancer Screening team: [info@TCcancerscreening.ca](mailto:info@TCcancerscreening.ca)